

State: WASHINGTON

DEFINITION OF SERVICES (con't)

- b. occupational therapy, requiring the skills of a qualified occupational therapist,
- c. services of social workers, trained psychiatric nurses, and other staff trained to work with psychiatric patients,
- d. drugs and biologicals furnished for therapeutic purposes,
- e. individual activity therapies that are not primarily recreational or diversionary,
- f. family counseling (the primary purpose of which is treatment of the individual's condition),
- g. patient training and education (to the extent that training and educational activities are closely and clearly related to the individual's care and treatment), and
- h. diagnostic services.

Meals and transportation are excluded from reimbursement under this benefit. The purpose of this benefit is to maintain the individual's condition and functional level and to prevent relapse or hospitalization.

Other Service Definition: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Limitations. Check one:

- a. \_\_\_\_\_ This service is provided to eligible individuals without limitations on the amount or duration of services furnished.
- b. \_\_\_\_\_ The State will impose the following limitations on the provision of this service (specify): \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Qualifications of the providers of this service are found in Appendix C-2.

2. \_\_\_\_\_ Psychosocial Rehabilitation Services. (Check one.)

TN No. 93-05

Supersedes \_\_\_\_\_

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\_\_\_\_\_ Medical or remedial services recommended by a physician or other licensed practitioner under State law, for the maximum reduction of physical or mental disability and the restoration of maximum functional level. Specific services include the following:

- o Restoration and maintenance of daily living skills (grooming, personal hygiene, cooking, nutrition, health and mental health education, medication management, money management and maintenance of the living environment);
- o Social skills training in appropriate use of community services;
- o Development of appropriate personal support networks, therapeutic recreational services (which are focused on therapeutic intervention, rather than diversion); and
- o Telephone monitoring and counseling services.

The following services are specifically excluded from Medicaid payment:

Vocational services,  
Prevocational services,  
Supported employment services,  
Educational services, and  
Room and board.

\_\_\_\_\_ Other Service Definition: \_\_\_\_\_  
\_\_\_\_\_  
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Psychosocial rehabilitation services are furnished in the following locations (check all that apply):

- a. \_\_\_\_\_ Individual's home or place of residence
- b. \_\_\_\_\_ Facility in which the individual does not reside
- c. \_\_\_\_\_ Other (Specify): \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

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Limitations. Check one:

- a. \_\_\_\_\_ This service is provided to eligible individuals without limitations on the amount or duration of services furnished.
- b. \_\_\_\_\_ The State will impose the following limitations on the provision of this service (specify): \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Qualifications of the providers of this service are found in Appendix C-2.

3. \_\_\_\_\_ Clinic Services (Whether or Not Furnished in a Facility) are services defined in 42 CFR 440.90.

Check one:

- a. \_\_\_\_\_ This benefit is limited to those services furnished on the premises of a clinic.
- b. \_\_\_\_\_ Clinic services may be furnished outside the clinic facility. Services may be furnished in the following locations (specify): \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Check one:

- a. \_\_\_\_\_ This service is provided to eligible individuals without limitations on the amount or duration of services furnished.
- b. \_\_\_\_\_ The State will impose the following limitations on the provision of this service (specify): \_\_\_\_\_  
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Qualifications of the providers of this service are found in Appendix C-2.

j.                      Habilitation. (Check one.)

Services designed to assist individuals in acquiring, retaining and improving the self-help, socialization, and adaptive skills necessary to reside successfully at home or in the community. This service includes:

1.                      Residential habilitation: assistance with acquisition, retention or improvement in skills related to activities of daily living, such as personal grooming and cleanliness, bed making and household chores, eating and the preparation of food, and the social and adaptive skills necessary to enable the individual to reside in a home or community setting. Payments for residential habilitation are not made for room and board, or the costs of facility maintenance, upkeep, and improvement. Payment for residential habilitation does not include payments made, directly or indirectly, to members of the recipient's immediate family. Payments will not be made for routine care and supervision, or for activities or supervision for which a payment is available from a source other than Medicaid. The methodology by which payments are calculated and made is described in Attachment 4.19-B.
  
2.                      Day habilitation: assistance with acquisition, retention, or improvement in self-help, socialization and adaptive skills which takes place in a non-residential setting, separate from the home or facility in which the recipient resides. Services shall normally be furnished 4 or more hours per day, on a regularly scheduled basis, for 1 or more days per week, unless provided as an adjunct to other day activities included in the recipient's ICCP. Day habilitation services shall focus on enabling the individual to attain or retain his or her maximum functional level.

**Other Service Definition:**

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Check all that apply:

- A. \_\_\_\_\_ Physical therapy indicated in the individual's ICCP will be provided by the facility as a component part of this service. The cost of physical therapy will be included in the rate paid to providers of habilitation services.
- B. \_\_\_\_\_ Occupational therapy indicated in the individual's ICCP will be provided by the facility as a component part of this service. The cost of occupational therapy will be included in the rate paid to providers of habilitation services.
- C. \_\_\_\_\_ Speech therapy indicated in the individual's ICCP will be provided by the facility as a component part of this service. The cost of speech therapy will be included in the rate paid to providers of habilitation services.
- D. \_\_\_\_\_ Nursing care furnished by or under the supervision of a registered nurse, and indicated in the individual's ICCP, will be provided by the facility as a component part of this service.
- E. \_\_\_\_\_ Transportation between the recipient's place of residence and the habilitation center will be provided as a component part of this service. The cost of this transportation is included in the rate paid to providers of habilitation services.
- F. \_\_\_\_\_ Other therapeutic activities which will be provided by the facility as component parts of this service. (Specify): \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Check one:

1. \_\_\_\_\_ This service is provided to eligible individuals without limitations on the amount or duration of services furnished.

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2. \_\_\_\_\_ The State will impose the following  
limitations on the provision of this  
service (specify): \_\_\_\_\_  
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\_\_\_\_\_  
\_\_\_\_\_

Payment will not be made for the following:

Vocational Services;  
Prevocational services;  
Educational services; or  
Supported employment services.

Qualifications of the providers of this service are  
specified in Appendix C-2.

k. \_\_\_\_\_ Environmental Modifications. (Check one.)

\_\_\_\_\_ Those physical adaptations to the home, required by the  
individual's ICCP, which are necessary to ensure the  
health, welfare and safety of the individual, or which  
enable the individual to function with greater independence  
in the home.

Such adaptations may include the installation of ramps and  
grab-bars, widening of doorways, modification of bathroom  
facilities, or installation of specialized electric and  
plumbing systems which are necessary to accommodate the  
medical equipment and supplies the need for which is  
identified in the client's ICCP.

Adaptations or improvements to the home which are of  
general utility, or which are not of direct medical or  
remedial benefit to the client, such as carpeting, roof  
repair, central air conditioning, etc., are specifically  
excluded from this benefit. All services shall be provided  
in accordance with applicable State or local building  
codes.

\_\_\_\_\_ Other Service Definition: \_\_\_\_\_  
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\_\_\_\_\_

Check one:

1. \_\_\_\_\_ This service is provided to eligible  
individuals without limitations on the  
amount or duration of services furnished.

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2. \_\_\_\_\_ The State will impose the following limitations on the provision of this service (specify): \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

1. \_\_\_\_\_ Transportation. (Check one.)

\_\_\_\_\_ Service offered in order to enable individuals receiving home and community care under this section to gain access to services identified in the ICCP. Transportation services under this section shall be offered in accordance with the recipient's ICCP, and shall be used only when the service is not available without charge from family members, neighbors, friends, or community agencies, and when the appropriate type of transportation is not otherwise provided under the State plan. In no case will family members be reimbursed for the provision of transportation services under this section.

\_\_\_\_\_ Other Service Definition: \_\_\_\_\_  
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Check one:

1. \_\_\_\_\_ This service is provided to eligible individuals without limitations on the amount or duration of services furnished.
2. \_\_\_\_\_ The State will impose the following limitations on the provision of this service (specify): \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Provider qualifications are specified in Appendix C-2.

m. \_\_\_\_\_ Specialized Medical Equipment and Supplies. (Check one.)

\_\_\_\_\_ Specialized medical equipment and supplies which include devices, controls, or appliances, specified in the ICCP, which enable clients to increase their abilities to perform activities of daily living, or to perceive, control, or communicate with the environment in which they live. This

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service also includes items necessary for life support, ancillary supplies and equipment necessary to the proper functioning of such items, and durable and non-durable medical equipment and supplies not otherwise available under the State plan. Items which are not of direct medical or remedial benefit to the recipient are excluded from this service. All specialized medical equipment and supplies provided under this benefit shall meet applicable standards of manufacture, design and installation.

Other Service Definition: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Check one:

1. \_\_\_\_\_ This service is provided to eligible individuals without limitations on the amount or duration of services furnished.
2. \_\_\_\_\_ The State will impose the following limitations on the provision of this service (specify): \_\_\_\_\_  
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\_\_\_\_\_  
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n. \_\_\_\_\_ Personal Emergency Response Systems (PERS). (Check one.)

\_\_\_\_\_ PERS is an electronic device which enables certain high-risk clients to secure help in the event of an emergency. The client may also wear a portable "help" button to allow for mobility. The system is connected to the client's phone and programmed to signal a response center once the "help" button is activated. The response center is staffed by individuals with the qualifications specified in Appendix C-2.

Other Service Definition: \_\_\_\_\_  
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Check one:

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2. \_\_\_\_\_ The State will impose the following limitations on the provision of this service (specify): \_\_\_\_\_  
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\_\_\_\_\_  
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o. \_\_\_\_\_ Adult Companion Services. (Check one.)

\_\_\_\_\_ Non-medical care, supervision and socialization provided to a functionally disabled adult. Companions may assist the individual with such tasks as meal preparation, laundry and shopping, but do not perform these activities as discrete services. The provision of companion services does not entail hands-on medical care. Companion services may include non-medical care of the client, such as assistance with bathing, dressing and uncomplicated feeding. Providers may also perform light housekeeping tasks which are incidental to the care and supervision of the client. This service is provided in accordance with a therapeutic goal in the ICCP, and is not merely diversionary in nature.

\_\_\_\_\_ Other Service Definition: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Check one:

1. \_\_\_\_\_ This service is provided to eligible individuals without limitations on the amount or duration of services furnished.
2. \_\_\_\_\_ The State will impose the following limitations on the provision of this service (specify): \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Provider qualifications are specified in Appendix C-2.

3. Services provided by family members. Check one:

- A. \_\_\_\_\_ Payment will not be made for adult companion services furnished by a member of the recipient's family or by a person who is legally or financially responsible for that recipient.

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- B. \_\_\_\_\_ Adult companion service providers may be members of the recipient's family. Payment will not be made for services furnished to a minor by the recipient's parent (or stepparent), or to a recipient by the recipient's spouse. Payment will not be made for services furnished to a recipient by a person who is legally or financially responsible for that recipient.

Check one:

1. \_\_\_\_\_ Family members who provide adult companion services must meet the same standards as other adult companion providers who are unrelated to the recipient. These standards are found in Appendix C-2.
2. \_\_\_\_\_ Standards for family members who provide adult companion services differ from those for other providers of this service. The standards for adult companion services provided by family members are found in Appendix C-2.

P. \_\_\_\_\_ Attendant Care. (Check one.)

\_\_\_\_\_ Hands-on care, of both a medical and non-medical supportive nature, specific to the needs of a medically stable, physically handicapped individual. This service may include skilled medical care to the extent permitted by State law. Housekeeping activities which are incidental to the performance of the client-based care may also be furnished as part of this activity.

\_\_\_\_\_ Other Service Definition: \_\_\_\_\_  
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Check all that apply:

1. \_\_\_\_\_ Supervision will be provided by a Registered Nurse, licensed to practice in the State. The frequency and intensity of supervision will be specified in the ICCP.

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